

### PROFILE

Passionate board certified psychiatric nurse practitioner with 20 years of extensive experience in perinatal nursing. Competent at assessing, diagnosing, and treating psychiatric disorders in men, women, & children across the lifespan.

#### CONTACT

Joanne Patterson DNP, PMHNP-C Mental Health Nurse Practitioner

6701 Democracy Blvd. Suite 300 Bethesda, MD 20817

- 1-888-210-4050
- o drjoannepsychiatry.com
- info@drjoannpsychiatry.com



# DRJOANNEPSYCHIATRY.COM

# AREAS OF EXPERTISE & SKILLS

- ADHD/ADD
- Depressive & Bipolar Related Disorders
- Anxiety, Trauma,
   Obsessive Compulsive
   Disorders
- Disruptive/Conduct
   Disorders
- Mental Health of Gifted/Twice Exceptional Individuals

## SERVICES

# Integration of Tele-Mental Health Services within Pediatric Private Practices or Schools

- Initial comprehensive psychiatric evaluation & diagnosis after screening & referral by pediatric office.
- Treatment recommendations (pharmacologic and non pharmacologic).
- Monitoring patient responses to psychotropic medications and adjusting medications.

#### **Benefits**

- Increased patient satisfaction
- Improved medical outcomes
- Patient convenience in a familiar setting
- Minimizes stigma of seeking mental health services.